

Dr. Watson is a licensed Clinical Psychologist who is passionate about helping individuals and families. Dr. Watson was born on Lakenheath AFB, England. He has lived in many states and in Okinawa, Japan, and in Virginia most recently. His Diverse military and family background led him to undergraduate studies at the Pennsylvania State University, and graduate/doctoral degree in Psychology and Counseling at Argosy University where he developed a special interest in multicultural competency and mental health treatment. Dr. Watson has over 15 years of clinical experience and finds collaborative work essential with other professionals in order to provide the highest level of care in treating whole person.

Intake Sessions Individual-

Family-

Group-

\$150-\$175 \$150-\$175

90839 (emergency)- \$175-\$200

Follow up sessions

Individual: \$110 (60 minutes) Family: \$120 (60 minutes)

Group \$80-\$100

Dr. Watson offers a full range of professional mental health services to children, adolescents, adults, couples, and families. Dr. Watson specialize in the following:

- Depression
- Anxiety
- ADHD
- Autism Spectrum
  Disorder
- Oppositional Defiant& Conduct Disorders
- Substance Abuse
- Family & Martial conflicts
- Grief & Bereavement
- Issues of separation

\*\*participates with most major insurance plans

## **Services offered**

- Individual, couples & family
- Group therapy
- Social Skills training
- Anger Management
- Psychological Assessments
- Educational Assessments
- Forensic Evaluations
- Child Custody Evaluations